

CANYON RANCH | grill™

12OZ JUICES \$10

Single or Blended

orange | tangerine | grapefruit | apple | pineapple | carrot
beet | pomegranate | ginger | fresh green

16OZ SMOOTHIES \$14

Create Your Own

strawberry | banana | blueberry | mango | pineapple
spinach | kale | peanut butter powder | apple juice
almond milk | coconut milk

CR Super Green Energy

fresh spinach, mango, banana, chia, coconut milk

GF . V 280 . 42 . 6 . 7 . 7 . 69 (31)

Strawberry Banana Peanut Butter

almond milk

GF . V 170 . 24 . 8 . 6 . 7 . 342 (34)

Acai Blueberry Pomegranate

vanilla, avocado, almond milk, chia

GF . V 265 . 50 . 9 . 5 . 6 . 75 (34)

Smoothie Boosters

\$2

flax seeds | chia | avocado oil | hemp seed | maca powder

PROTEIN: vanilla whey isolate | vanilla plant based | V

NUTRIENT ANALYSIS

Calories . carb grams . protein grams . fat grams . fiber grams . sodium mg
(sugar grams) tr = trace (less than 1 gram)

PLEASE INFORM YOUR SERVER IF YOU HAVE ANY FOOD ALLERGIES

GF = Gluten-Free (no wheat, rye or barley) V = Vegan (contains no animal product.)

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. We offer a variety of gluten-free items (no wheat, rye or barley), however our kitchens are not gluten-free environments.

CAFFE UMBRIA ITALIAN STYLE COFFEE

delicately sourced from around the world and domestically roasted in Seattle, Wa with Italian Heritage

Bizzarri Medium-Dark Roast Drip Coffee \$8

Mezzanotte Decaf Drip Coffee \$8

Cold Brewed Coffee \$8

SPECIALTY ITALIAN ESPRESSO

Double Shot \$6

Americano \$8

Traditional Macchiato \$8

Cappuccino \$8

Latte \$8

Chai Tea Latte \$8

Matcha Latte \$8

We take pride in creating our very own flavored organic syrups to enhance your coffee experience with the highest levels of integrity.

Our flavors include:

madagascar vanilla bean | toasted hazelnut

burnt butter caramel | lavender vanilla

vanilla crème brule | cinnamon brown sugar

J'ENWEY ORGANIC LOOSE LEAF TEA

\$8

boutique hand blended tea crafted to pair with our menu

Lady Blue Earl Grey

CR Black Breakfast

Citrus Herbal Chamomile

Japanese Sencha Green Leaf

Spiced Chai

J'ENWEY ORGANIC ICED TEA

\$8

Tropical Green Tea

Traditional Black Tea