

# REFRESH



CANYONRANCH.

LAS VEGAS • THE VENETIAN® RESORT

SPA    BEAUTY    FITNESS



Step into Canyon Ranch,<sup>®</sup> one of the world's most renowned spas.

Customize your wellness journey to suit your needs. Challenge yourself with invigorating classes or dial-in your workout at the state-of-the-art fitness center. There are endless ways to inspire your path, from massages and facials to salon and barber services. Embrace the opportunity to take some time for yourself and discover what's best for you.

SPA.....	2
MASSAGES .....	3
EXCLUSIVELY FOR COUPLES.....	7
FROM THE EAST.....	4
BODY TREATMENTS.....	5
BODY WRAPS.....	5
SEASONAL SERVICES .....	5
RITUAL BATHS .....	5
FACIALS.....	6
BEAUTY.....	8
HAIR.....	9
SPECIALTY HAIR SERVICES.....	9
BARBER.....	9
MANICURES .....	10
PEDICURES.....	11
MAKEUP .....	12
TINTING .....	12
FITNESS + WELLNESS.....	13
CHALLENGE .....	14
NOURISH .....	14
IGNITE .....	15
RECOVER .....	15
BEYOND SPA.....	16
AQUAVANA EXPERIENTIAL ROOMS .....	17
CO-ED EXPERIENCES .....	17
IN-SUITE SERVICES.....	17
DINING VENUES.....	18
GENERAL INFORMATION .....	18
RESORTS & RETREAT.....	19



# SPA

# MASSAGES

## CANYON RANCH MASSAGE

50 / 80 / 100 minutes \$179 / \$279 / \$359

Our signature massage is uniquely tailored to suit your needs. This full-body massage stimulates circulation and soothes tight muscles.

## DEEP TISSUE MASSAGE

50 / 80 minutes \$199 / \$319

Firm to deep pressure is applied to reach deep muscle layers and address your specific areas of concern.

## CANYON STONE MASSAGE

80 minutes \$299

This therapeutic massage uses Basalt stones for a continuous flow of heat to relieve sore muscles and melt away tension and stress for deep relaxation.

## BIRTHDAY CELEBRATION MASSAGE

50 / 80 minutes \$199 / \$299

Celebrate your birthday (or any day) with this sweet-smelling massage that leaves your skin deliciously soft.

## HEALING THERAPY MASSAGE

50 minutes \$189

This treatment helps relieve pain, relaxes muscles, and improves circulation by using HIVAMAT® 200 that is designed to generate deep therapeutic oscillation.

## SOLE REJUVENATION FOOT MASSAGE

50 minutes \$179

This dedicated foot massage will melt away tension and relieve travel-weary, overworked feet.

## PRENATAL MASSAGE

50 / 80 minutes \$199 / \$319

Our Canyon Ranch Custom Massage is adapted for ultimate comfort. Ultra-rich moisturizing products are used to nourish and soothe your skin so you can get in touch with your body and your baby.

## SEASONAL FULL-BODY MASSAGE

50 / 80 minutes \$199 / \$299

Relax and rejuvenate with the scent of the season.

## FIT MESSAGE

80 minutes \$249

A certified fitness trainer will perform a 30-minute Fusionetics® Movement Analysis to assess muscle strength and muscle groups that need attention. Based on your results, a massage therapist will customize a 50-minute deep tissue massage to meet your individual needs. A personalized take-home plan will be provided.

### ENHANCEMENTS

#### AYURVEDIC HERBAL OIL

\$15

Choose from three specially blended oils designed to harmonize, awaken or nourish.

#### PEPPERMINT FOOT SCRUB

\$30

Mint-scented foot scrub that energize and restores circulation.

#### MOISTURIZING HAIR & SCALP TREATMENT

\$30

Delivers new luster, bounce and manageability to damaged or dry hair and scalp.

#### TENSION BALM

\$30

A healing ointment is massaged into areas where muscle tightness is a concern.

### EXCLUSIVELY FOR COUPLES

#### COUPLES RETREAT

100 minutes 2 GUESTS / \$739

Share a sublime experience in our couples ritual room: scalp massage, full-body exfoliation, cleansing shower and a luxurious scented bath for two – followed by full-body massage.

#### COUPLES SERVICES

Most spa services can be offered for couples with a \$20 per person surcharge. See our website for a full list of couple's services.

# FROM THE EAST

## ABHYANGA

80 minutes \$379

A full-body ayurvedic treatment performed by two therapists in synchronistic rhythm using warm sesame oil. This traditional therapy releases toxins, enhances immunity, nourishes the skin, and creates deep relaxation.

## ABHYANGA-SHIRODHARA

80 minutes \$299

An enhanced Abhyanga, combined with the classic treatment of a Shirodhara. Enter a light state of meditation as a stream of warm herbal-infused oil soothes the spirit and helps balance your body's energies.

## ACUPUNCTURE

50 minutes \$179

Experience enhanced healing and balance your body's energy or chi. This traditional Chinese medicine modality is useful in addressing problems as varied as arthritis, fatigue, pain, headaches, and more.

## NEW ACUPUNCTURE ACTIVATION

80 minutes \$259

We'll get to the root of your musculoskeletal issues and improve the neurological input necessary for any affected muscles to perform their intended function. We'll get you working at peak performance in no time with this amazing combination: Muscle Activation Techniques (a cutting-edge technique to assess and treat muscle imbalances) and Acupuncture.

## REIKI

50 minutes \$199

This Japanese technique for stress reduction and relaxation promotes healing through a light and nurturing touch. You may experience improved circulation and an overall sense of well-being. (Please wear loose-fitting clothing.)

## SHIATSU

50 / 80 minutes \$199 / \$299

A deeply relaxing whole-body tune-up. The body's energy system is stimulated by applying pressure to acupoints and along meridians to balance yin and yang.

## THAI MASSAGE

50 / 80 minutes \$199 / \$299

This massage uses slow, gentle rocking movements to stretch soft tissues and harmonize vital energies. This graceful therapy is performed on a floor mat and leaves you feeling relaxed, energized, and more flexible. (Please wear loose-fitting clothing.)

## ASHIATSU MASSAGE

80 minutes \$299

The ultimate deep massage. Your therapist uses overhead bars for balance while using their feet to release sore, tight tissues and to stimulate circulation.

## CHAKRA BALANCING MASSAGE

80 minutes \$299

Begin with an anointment of Rose and Lotus Flower essence and the sound of chimes to clear energy and provide focus. Ayurvedic Dosha balancing oils are applied to the body's energy centers along the spine to facilitate opening and flow of energy in your chakras. Then an Ayurvedic Kansa wand is used to activate and balance your chakras. Semi-precious stones are placed on your chakras to further balance the body and provide peace and clarity to the mind. End with a Kansa foot bowl treatment to ground you for the rest of your day.





## BODY TREATMENTS

### BODY SCRUB

50 minutes \$189

Renew your skin with a scrub that leaves it feeling soft and velvety smooth. Choose from Revitalizing Sea Salt or Tropical.

### BODY SCRUB & FULL-BODY MASSAGE

100 minutes \$349

This luxurious extended experience is the ultimate in relaxation combining our body scrub and Canyon Ranch Custom Massage.

### SEASONAL BODY SCRUB

50 minutes \$209

A full-body scrub leaves you relaxed and rejuvenated with the scent of the season.

### SEASONAL BODY SCRUB & FULL-BODY MASSAGE

100 minutes \$369

This scent of the season duo is the ultimate in body treatment.

### PRENATAL REPLENISHING TREATMENT

80 minutes \$299

For the mommy to be, let your skin be nourished with a hydrating body polish and a relaxing prenatal massage to help improve circulation and get in touch with your body and your baby.

### REFLEXOLOGY

50 minutes \$199

A whole-body benefit. Your therapist will work on reflex points that correlate to the individual organs and parts of the body. Activating these reflexes helps improve circulation and promotes relaxation.

### CRANIOSACRAL THERAPY

50 minutes \$199

Using very light, sensitive touch, your therapist monitors the flow of the cerebrospinal fluid to determine where restrictions are located and gently releases them. This soothing therapy encourages optimal fluid movement throughout the body. The result is a deep sense of calm.

### BODY EXFOLIATION & SPRAY TAN

50 minutes \$179

A customized self-tanning spray service. A full-body exfoliation is performed to ensure the skin is smooth and oil-free. An organic solution is then airbrushed onto the skin, leaving it glowing.

## BODY WRAPS

### COCOON

50 minutes \$189

Experience a gentle exfoliation and soothing body treatment while you relax in a cocoon envelopment bed. Choice of seaweed detox or coconut nourish.

### COCOON & FULL-BODY MASSAGE

100 minutes \$349

Your body will thank you with this ultra-nourishing cocoon plus a stress-melting massage. Choice of seaweed detox or coconut nourish.

### SEASONAL COCOON

50 minutes \$209

This cocoon features luxurious, organic products to reflect the season.

### SEASONAL COCOON & FULL-BODY MASSAGE

100 minutes \$369

This scent of the season duo will delight your body and spirit.

## RITUAL BATHS

### EUPHORIA

100 minutes \$349

Enter a euphoric state of being with this elegant treatment designed to calm and relax your body and mind. After a soothing compress for your face, an aromatherapy scalp massage, and a warm botanical body masque, you'll be immersed in a soaking tub with a special aromatherapy blend. The final touch is a relaxing massage using warm herb-infused oil.

### SERENITY BATH & MASSAGE

80 minutes \$299

Take time to relax. After an exfoliation to remove dry skin and stimulate circulation, revel in a soothing soak of fragrant bath salts. The service concludes with a full-body massage using an aromatic herbal oil blend. Your skin and senses are revitalized, leaving you feeling restored and renewed.

# FACIALS

## CANYON RANCH FACIAL

50 / 80 minutes \$179 / \$299

Enjoy our rejuvenating signature treatment, where our skilled estheticians will analyze and address your skin's needs. Using Luzern Pure, luxurious products will leave your skin feeling revitalized and refreshed.

## PURIFYING FACIAL

50 / 80 minutes \$179 / \$299

This comprehensive treatment features rich and powerful ingredients from the PCA SKIN skin care line that will purify and deep cleanse. It is designed to treat any skin type and is especially effective on oily, congested, and acne-prone skin.

## ILLUMINATING FACIAL

50 / 80 minutes \$179 / \$279

Uncover fresh and radiant skin. Using PCA has clinically-proven to brighten your skin with a gentle peel that is non-aggressive and nonirritating. It safely exfoliates the top dead layer of your skin to reveal healthy-looking skin.

## VITAMIN-C ANTIOXIDANT FACIAL

50 / 80 minutes \$189 / \$289

This facial is scientifically researched to deliver a balance of vitamin C that promotes and supports healthy, beautiful, firmer skin. Concentrated antioxidants and peptides nourish and work in synergy to defend against the visible signs of aging.

## YOU GLOW GIRL PRENATAL FACIAL

50 / 80 minutes \$189 / \$289

During this special time, allow us to take care of your skin as it changes through the trimesters and after delivery with Éminence Organic Skin Care. Whether you are experiencing dryness, hyperpigmentation, sensitivities, or acne, we will meet your needs.

## GENTLEMEN'S FACIAL

50 / 80 minutes \$179 / \$279

Tailored to a man's skin, this facial provides relief from irritation caused by breakouts, ingrown hairs, and razor burn while replenishing vitamins and nutrients to help reduce the appearance of sun damage, lines, and discoloration. You'll look and feel relaxed and revitalized, ready for an active day.



## COLLAGEN LIFTING FACIAL

50/80 minutes \$189/\$299

Plump your skin with Babor's collagen-boosting skin care. This ultra-potent collagen treatment, along with microcurrents for the eyes, plumps the skin from the inside out while smoothing fine lines and wrinkles.

## SEASONAL FACIAL

50 minutes \$189

This effective treatment uses ingredients of the season that leave your skin replenished and rejuvenated.

## ULTIMATE OXYGENEO FACIAL

50 / 80 minutes \$219 / \$349

This superior anti-aging OxyGeneo 3-in-1 facial simultaneously provides exfoliation, infusion, and oxygenation while incorporating cutting edge technologies. Your esthetician will customize your facial to nourish, brighten, purify, or infuse Vitamins that leave your skin hydrated and brighter to minimize pores and reduce the appearance of fine lines.

## BACK FACIAL

50 minutes \$179

Show off your back and shoulders. A facial for your back that deep cleanses and exfoliates the tough to reach spots using Éminence Organic Skin Care. Enjoy the results of clear, soft, toned skin and released muscular tension.

# NEW FACIALS

## ESSENTIAL ENVIRON FACIAL

50 minutes \$189

This dynamic, soothing, and anti-aging facial combining the power of Environ's skin care technology and powerhouse ingredient formulations; this facial treatment delivers essential vitamins to restore the skin's health, radiance, and resilience.

## PREMIER AGE-DEFYING FACIAL

80 minutes \$315

This powerful, age-defying facial using Environ vitamins A, C, E, and peptide serums, promote the formation of collagen and elastin, increases stem cell activity, and stimulates skin's respiration and circulation. This treatment dramatically improves the appearance of fine lines, wrinkles, lax skin, and uneven tone and texture. Your skin will appear visibly more radiant, tighter, and smoother. Customized to your skin's needs: age-defying, hydrating or sensitive skin. Includes DF technology and a Focus-CIT® (Collagen Induction Therapy) device, a take-home tool for targeting mouth and eye areas.

## BE FREE FACIAL

50 / 80 minutes \$179 / \$279

Unwind and relax with our gluten, nut, and soy free and vegan-friendly facial. This Éminence Organic Skin Care treatment is ideal for guests with sensitivities leaving your skin cleansed, exfoliated, hydrated, and nourished.

## GEMCLINICAL® FACIAL

50 / 80 minutes \$199 / \$299

KNESKO SKIN has created the perfect balance between science and spirituality, which treats the skin holistically and naturally with the healing powers of gemstones and reiki energy. Our luxurious GEMCLINICAL facial treatment addresses visible signs of aging, such as fine lines and wrinkles, dryness, puffiness, and uneven skin tone.

## BODY + FACIAL WAXING AVAILABLE

Visit [canyonranch.com/lasvegas](http://canyonranch.com/lasvegas) for full descriptions and details.

## FACIAL ENHANCEMENTS

CUSTOM MASK	\$40
CONCENTRATED SERUM	\$25
EYE TREATMENT	\$40
LIP TREATMENT	\$40
MICROCURRENT	\$40
NECK/DÉCOLLETÉ	\$40
CRYSTAL-FREE MICRODERMABRASION	\$75
OXYGEN BOOST	\$75
DERMAFLASH	\$40
PURE LIFT ENHANCEMENT	\$75



# BEAUTY



# HAIR

## HAIR DESIGN

DESIGNER CUT	\$79
DESIGNER CUT & BLOWOUT SHORT / MEDIUM / LONG	\$139 / \$159 / \$169
DESIGNER BLOWOUT SHORT / MEDIUM / LONG	\$59 / \$79 / \$99
UPDO	\$110

## CORRECTIVE COLOR WITH CONSULTATION

60 minutes times and fees vary  
Personalized diagnosis to assess hair health, based on your desired look.

BLEACH	\$119
FULL HIGHLIGHTS/DOUBLE PROCESS	\$169
PARTIAL HIGHLIGHTS	\$129
ROOT TOUCH UP	\$99
DESIGNER PERMS PERMANENT OR RELAXER	\$129

# SPECIALTY HAIR SERVICES

## BALAYAGE

180 minutes \$299

A free-hand painting color technique that creates a sun-kissed effect and a graduated natural look.

## BRAZILIAN BLOWOUT®

\$399

A treatment that uses a safe, plant-derived formula with amino acids that provides radiant, silky, and frizz-free hair for up to 12 weeks.

## CANYON RANCH HAIR & SCALP TREATMENT

\$179

Restore natural balance to your hair and scalp for more manageable styling and ultimate shine. A designer style completes this service.

## EXTENSION CONSULTATION

\$49

A consultation with one of our specialized stylists.

## HAIR EXTENSIONS

Times & Fees Vary

Let a certified hair extension specialist create your new style with extensions for length, thickness, and non-chemical highlights.

Note: A consultation is required.

## HAIR ENHANCEMENT

### EXPRESS TREATMENT

\$35

A conditioning treatment selected for your specific needs restores balance and shine to hair.

# BARBER

Nothing feels better than a great haircut, a professional shave, or a perfect trim. Our expert barbers offer a full spectrum of services, from styling to color, that will enhance your personal style. Enjoy these services in our Barber Suite:

BEARD TRIM & SHAVE	\$99
CEO CLEANUP	\$39
HAIRCUT	\$79
HAIR COLOR	\$99
HEAD SHAVE	\$89
MUSTACHE/GOATEE TRIM	\$39
STRAIGHT-RAZOR SHAVE	\$89



## MANICURES

### CANYON RANCH MANICURE

50 minutes \$69

Take your senses on a journey as your hands enjoy a softening,fragrant soak and enjoy a manicure that pampers, restores, and refreshes.

### GEL MANICURE

65 minutes \$99

Say goodbye to nicks, chips, and smudges. All of the essentials of a perfect manicure finished with high-shine gel polish.

### SEASONAL MANICURE

50 minutes \$89

A delight to the senses that allows you to relax and escape into the fragrances of the season while your hands benefit from a soothing soak.

### NEW DIP POLISH MANICURE

90 minutes \$119

This manicure uses no UV light and instantly dries your nails using dip polish enriched with vitamins.

### NAILS ON THE GO

25 minutes \$49

A classic groom and polish for hands in a hurry.

### NAIL ENHANCEMENTS

#### FILLS

ACRYLIC \$79 PINK, WHITE, OR GEL \$99

#### FULL SET

ACRYLIC \$119 PINK, WHITE, OR GEL \$139

#### GEL POLISH REMOVAL

\$25

#### NAIL REPAIR

\$25

#### ACRYLIC NAIL REMOVAL

\$40

#### ACRYLIC CUSTOM LENGTH & SHAPE

\$20

#### NAIL ART

Fees Vary

#### FRENCH STYLE

\$15

#### POLISH CHANGE

\$30

#### ECO-FIN® TREATMENT

\$25

#### DAZZLE DRY

\$20



## PEDICURES

### CANYON RANCH PEDICURE

50 minutes \$89

A revitalizing pedicure designed to perk up even the most overtaxed feet. Gentle exfoliation is followed by an intensely moisturizing complex that aids in the repair of dry, cracked skin.

### ULTIMATE PEDICURE

80 minutes \$139

Our Canyon Ranch Pedicure, with the added therapy of a hot stone massage on lower legs and feet, will relieve tired and achy legs.

### GEL PEDICURE

65 minutes \$119

A classic groom for your feet. Finished with a no dry time, high shine gel polish.

### FOOT RESCUE PEDICURE

50 minutes \$109

Pure relief. This pedicure will focus on the three C's of wear and tear calluses, corns, and cracked dry skin. Includes polish.

### GENTLEMEN'S PEDICURE

50 minutes \$109

Tailored to a man's needs. We'll focus on restoring and energizing tired and over-worked feet.

### SEASONAL PEDICURE

50 minutes \$110

A soothing soak will revitalize your feet while you escape into the fragrance of the season. This is followed by an exfoliation, masque, and moisturizing application.

### TOES ON THE GO

25 minutes \$69

A classic groom and polish for feet in a hurry.



## MAKEUP

### AIRBRUSH MAKEUP

45 minutes \$119

Look flawless for that special event. Combined with traditional makeup application with airbrush artistry to create a photo-finish look. Perfect for brides.

### EYES ONLY

30 minutes \$49

For the woman on the go. Let our makeup professional create stunning eyes for your special event.

### MAKEUP CREATION

45 minutes \$89

Let our makeup professional create a new look for your special event or evening out.

### LASH LIFT & TINT

120 minutes \$199

Mascara, be gone. All-natural keratin treatment that lifts, curls, and enriches the tone of your eyelashes. A great alternative to lash extensions that make your eyes bright and awake.

### LASH APPLICATIONS \$35

Choose your style of lashes.

### LASH EXTENSIONS

Times & Fees Vary

Wake up to longer, thicker, more beautiful lashes. Semipermanent eyelash extensions will be applied to individual lashes, creating a full, natural look.

### TINTING

EYEBROW TINT \$39

LASH TINT \$55





# FITNESS + WELLNESS



## CHALLENGE

### DROP-IN FITNESS CLASSES

Per Class \$20

Classes available seven days a week. See our website for details.

### PERSONAL TRAINING

25/50 minutes \$49/\$89

Your one-of-a-kind body calls for a one-of-a-kind workout plan. Our personal trainers hold the industry's top certifications and have the experience that suits your needs, goals, and preference.

### ROCK WALL CLIMBING

25 / 50 minutes \$29 / \$49

Challenge your body and spirit by climbing our 40-foot indoor rock wall. Shoes and helmets are provided.

### PRIVATE PILATES

25 / 50 minutes \$59 / \$99

Specially designed equipment is used to find your center of alignment, build your core, and practice your flexibility. Increase your range of motion and help improve your posture in this one-on one session.

### PRIVATE YOGA

25 / 50 minutes \$59 / \$99

Find greater balance in life with this long-honored mind-body practice. Get personal guidance to help you enjoy the benefits of your yoga practice. Great for beginners or for those who want to enhance their practice.

### ISOMETRIC STRENGTH TRAINING

25 / 50 minutes \$59 / \$99

Get back into action by experiencing this amazing form of resistance training that prevents injuries and speeds up rehabilitation from existing injuries. Take the challenge.

## NOURISH

### NUTRITION CONSULTATION

50 minutes \$119

Get expert advice on everyday nutrition and how best to feed yourself and your family for optimal health and well-being. This entry-level consultation may be customized to suit your needs and interests.



## IGNITE

### COMPREHENSIVE EXERCISE ASSESSMENT

80 minutes \$159

Let us customize your workout. An exercise physiologist assesses your fitness level through five tests: cardiovascular endurance, muscular strength, muscular endurance, flexibility, and body composition, and shows you how to improve your fitness program.

### BODY COMPOSITION SCREENING

25 minutes \$69

A simple eight-minute test in our BOD POD® device will accurately measure body fat and lean body mass percentages. An exercise physiologist will review and explain your results. Please wear tight-fitting clothes.

### FUSIONETICS® MOVEMENT ANALYSIS

25 / 50 minutes \$49 / \$89

The evidenced-based Fusionetics approach to mitigating musculoskeletal injury risk is to perform an “impairment” based movement analysis. We will also recommend a program solution to improve movement patterns for all activities/work life and play.

### GAIT & FOOTWEAR ANALYSIS

25 minutes \$49

An Expert will provide you with shoe and orthotics recommendations. Note: This service is not appropriate for evaluating orthotic prescriptions.

## RECOVER

### COMPRESSION RECOVERY

25 minutes \$49

Enhance blood flow and speed up recovery with compression boots.

### MUSCLE ACTIVATION TECHNIQUES®

50 minutes \$159

Experience a revolutionary approach to assess and correct muscular imbalances, joint instability, and limitations in the range of motion in your body.

### PERCUSSION SELF RECOVERY

25 minutes \$49

This Percussion technology device can relieve muscle soreness and stiffness, improve range of motion, promote circulation to accelerate recovery.

# BEYOND SPA





# AQUAVANA® EXPERIENTIAL ROOMS

Explore our suite of warm, chilled, and aquatic experiences to delight your senses and soothe your spirit. Enjoy our suggested sequence to focus on relaxation, energy, or stress relief – or customize an experience all your own.

## CRYSTAL STEAM ROOM

Cultivate calm in an aromatic steam environment that cleanses and purifies the body. A space to clear the mind, meditate, reflect, and refocus.

## EXPERIENTIAL RAINS

Step into an invigorating series of multi-sensory showers, including a Caribbean Storm, a Tropical Rain, and a romantic Cool Fog.

## FINNISH SAUNA

A classic sauna experience – healing dry heat plus soothing colored light.

## HERBAL LACONIUM

Inhale the warmth and comfort of an herbal-infused humid environment. The ideal place to delight your body and quiet your mind.

## HYDROSPA

Saturate your senses. Experience a gentle pulsating massage from a variety of fountains. Soothe sore muscles and release tension throughout your body.

## IGLOO

Three cool-air Arctic mist experiences enhanced by a fiber optic glow.

## CO-ED EXPERIENCES

### SALT GROTTO

Soothing “sea air” washes over heated benches and intimate seating niches overlooking a bubbling fountain.

### CONSERVATORY

Intimate seating, music, fresh fruit, and hot and cold beverages. A gracious space for relaxation and conversation.

### WAVE ROOM

A multi-sensory experience simulating the look and feel of breaking waves under a domed canopy.

# IN-SUITE SERVICES

## SPA

CANYON RANCH  
MASSAGE

50 / 80 minutes \$250 / \$375

## BEAUTY

BARBER SERVICES

50 minutes \$150

HAIR SERVICES

50 minutes \$150

MAKEUP

50 minutes \$150

MANICURE

50 minutes \$125

PEDICURE

50 minutes \$150

## FITNESS + WELLNESS

PERSONAL TRAINER

50 minutes \$90

PILATES

50 minutes \$90

YOGA

50 minutes \$90







## DINING VENUES

### CANYON RANCH GRILL

Open 7 am - 2 pm Friday - Monday

Nourish your body with the healthy, innovative fare that Canyon Ranch is famous for. The serene setting and the fresh cuisine will refresh and satisfy you. Top off your meal with organic and sustainable wine, beer, or spirits. Indulge regret-free. Located at the spa entrance of The Palazzo® tower, just off the third-floor suite elevators by The Palazzo pool entrance.

### TRUTH & TONIC WELLNESS CAFÉ (VEGAN OPTION)

7 am - 2 pm Thursday - Monday

The first all plant-based restaurant on the Strip. Our dishes feature clean ingredients and superfoods along with crafted healthy cocktails and fresh juices that result in a one-of-a-kind culinary experience. Located on the fourth floor of The Venetian® tower via the suite elevators near The Venetian pool deck.

### CR CREÁT™

Open 6 am daily

Good. Grab. Go. For energy-boosting juices, guilt-free snacks, and nutritious salads, wraps, and sandwiches. Naturally, you'll go back for more. Located at the Grand Canal Shoppes®, on the second floor of The Palazzo tower near guest elevators.

## GENERAL INFORMATION

### DAY PASS

Hotel Guests, Tuesday - Thursday \$75

Friday - Monday \$100 | Non-Hotel Guests \$125

Complimentary if you receive a service of \$69 or higher.

Enjoy all-day access to one of the most extensive, beautifully equipped spas in North America. Immerse yourself in our exclusive Aquavana® experiential rooms and feel the healing and soothing power of water. Wander from one room to the next or follow our recommended sequence to focus on Relaxation, Energizing or Stress Relief. Workout in our extensively equipped fitness center and join in fitness and mind-body classes. This experience is based on availability and on a first come first serve basis.

### LOCATION

Facilities may be accessed from the fourth floor of The Venetian tower via the suite elevator near The Venetian pool entrance. The Palazzo tower guests may access facilities by taking the suite elevator to the third floor located near The Palazzo pool entrance.

### CANCELLATION POLICY

Cancellations must be received at least 24 hours prior to appointment time, or the full-service fee will be charged. If an appointment is rescheduled on the day of service, a charge will be assessed.

### ARRIVAL TIME

We recommend that you arrive at least an hour before your scheduled service to enjoy all our experiential amenities.

### WHAT TO BRING

You may bring fitness wear or swimwear. Shirts and closed-toe athletic shoes must be worn in the fitness area. If you forget, many items are available for purchase. Please bring your photo ID and credit card for check-in.

### TEENS

Guests ages 14-17 are welcome to access our fitness facilities when accompanied by a parent or guardian. Specific tandem massages, bodywork, and skin care services are available with a parent or legal guardian booking the same service. Rockwall is available for ages 10 and up.

### OTHER

Canyon Ranch is a non-smoking facility. Cell phone use is permitted in the lobby only.

# RESORTS & RETREAT



## TUCSON, ARIZONA WELLNESS RESORT

In the inspiring Sonoran Desert, wellness and transformation are Canyon Ranch traditions. Experts help you create a healthy path forward combining fitness, nutrition, stress management, and balanced living. Seasonal cuisine, a positive spirit, and supportive environment foster joy and growth.

## LENOX, MASSACHUSETTS WELLNESS RESORT

Discover a Berkshires haven with an everything-is-possible atmosphere. Engaging experts lead mind-body classes and year-round outdoor adventures, culinary stars create superb seasonal cuisine, and integrative wellness professionals inspire you with effective strategies and renewed empowerment.



## WOODSIDE CALIFORNIA WELLNESS RETREAT

Reconnect with nature, community, and you at our intimate retreat near San Francisco. Surrounded by redwoods, your spirit is nurtured with guided activities, fitness classes, outdoor discoveries, and inner journeys. Wellness experts inspire you, wholesome meals nourish you, and your path becomes clear.





## VISIT US

Open 6am to 8pm Daily

Call 702.414.3610 to make an appointment  
or book online at [spa.canyonranch.com](http://spa.canyonranch.com)

Canyon Ranch Spa + Beauty + Fitness is accessed via the  
3rd floor of The Palazzo tower, next to the pool  
entrance and the 4th floor of The Venetian tower,  
next to the pool entrance.

# CANYONRANCH®

LAS VEGAS • THE VENETIAN® RESORT